

# San Francisco Free Medical Chart January-March 2009

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Adults; Teens; Seniors; Children; Women; Men; Everyone

Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Treatment	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender	Immunizations	Women's Health	Family Planning	Mental Health ‡	Prenatal Care	Primary Care†
<b>Central Health Centers</b>															
☒	WT		☒	☒	☒				WT	AT	☒	WT	☒	<b>San Francisco General Hospital.</b> 1001 POTRERO AVE (at 23rd St). 206-8000. For SF residents. \$0-full bill. Call for appt. M-F 8:30am-5pm; closed holidays. Patient Advocates 206-5176. Cantonese, English, Mandarin, Russian, Spanish, & Vietnamese. Other language interpreters available: 206-5133. ☒	
☒	WT	☒	☒	☒	☒	☒	☒	☒	☒	WT	AT	☒	WT	☒	<b>South of Market Health Center.</b> 551 MINNA ST (bet. 6th & 7th Sts). 626-2951. \$0-full bill. M-Th 8am-5pm, FSa 8am-3:30pm. GI & podiatry specialists by appt. Call 626-2380 for dental appt. English, Spanish, & Tagalog. ☒
AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	<b>Tom Waddell Clinic.</b> 50 IVY ST (bet. Van Ness & Polk). 355-7400. \$0-\$50. Primary care is for homeless chronically ill people who live in the area. Appts. made in person only M-F 8am-5pm. <b>Drop-in:</b> [1] Urgent Care Clinic M-F 8am-6pm; Sa 8:30am-noon & 1-5pm. [2] HIV intake (4 people seen); Transgender intake (4 people seen); General Medical intake (4 people seen) Tu 2-4pm. [3] Dental Clinic (6 people seen) MTh 7:30am. English & Spanish. ☒
<b>District Health Centers</b>															
☒	WT								WT	AT		WT	☒	<b>Chinatown Public Health Center.</b> 1490 MASON ST (at Broadway). 364-7600. \$0-full bill. Only for Chinatown, Tenderloin, South of Market, and North Beach residents. Bring proof of income & address. Call M-F 8am-5pm for all appts. including pediatrics, nutritionist, or health education classes. Cantonese, English, Mandarin, Tagalog, & Vietnamese. ☒	
☒	WT	☒	☒	☒	☒				WT	AT		WT	☒	<b>Maxine Hall Health Center.</b> 1301 PIERCE ST (at Ellis). 292-1300. \$0-full bill. Call 364-7942 for appts. M-F 8am-5pm. <b>Drop-in:</b> M-F 8-9:30am (6-9 people seen). Cantonese, English, Mandarin, Spanish, & Tagalog. ☒	
<b>Neighborhood Clinics</b>															
☒	WT	☒	☒	☒					☒	WT	AT	☒	☒	<b>BAART Community Health.</b> 433 TURK ST (bet. Larkin & Hyde). 928-7800. \$0-full bill. M-F 7-10:45am, noon-2:45pm. 620 Stevenson (at 7th) M-F 6am-2pm. Both clinics: <b>drop in</b> or call for an appointment. English, Russian, Spanish, & Tagalog. ☒	
														<b>Curry Senior Center.</b> 333 TURK (near Leavenworth). 885-2274. \$0-full bill. For Tenderloin-SOMA residents 55+. Call for appt. M-F 8am-5pm. <b>Drop-in:</b> Tu 1-2pm, F 9-11am. For 60+ with dual diagnosis <b>drop-in:</b> W-Su 9am-3pm. Substance abuse clinic & case management. English & Spanish. For Cantonese, Laotian, Mandarin, Russian, Tagalog & Vietnamese, call for day & time. ☒	
☒	WT		☒	☒	☒				☒	WT	AT		WT	☒	<b>Mission Neighborhood Health Center.</b> 240 SHOTWELL ST (at 16th St). 552-3870. Sliding scale (free to homeless). MTuThF 8:30am-5pm, W 9:30am-5pm. English, Spanish, & Tagalog. ☒
☒	WT	☒	☒	☒	☒	☒	☒	☒	WT	AT	☒	WT	☒	<b>North East Medical Services.</b> 1520 STOCKTON ST (bet. Green & Union), 2308 Taraval (bet. 33rd & 34th Aves.) or 82 Leland (bet. Alpha & Desmond). 391-9686. Sliding scale (free to homeless, except for dental where only some services are free). Call for appt. M-F 8:30am-5pm, Sa 9am-4pm; pediatrics & optometry available. <b>Drop-in:</b> M-F 8:30am-5pm. Cantonese, English, Korean, Mandarin, Spanish, & Vietnamese. ☒	
AS			AS	AS	AS	AS	AS	AS	AS				AS	<b>Sister Mary Philippa Health Center.</b> 2235 HAYES ST, 5TH FLOOR (bet. Stanyan & Shrader). 750-5500. \$0-full bill. Call for appt. M-F 8:30am-4:30pm. Cardiology, rheumatology, orthopedics, surgery, advice nurse, social services, nutrition, diabetes education & pharmacy available. Cambodian, Cantonese, English, Mandarin, Spanish, & Vietnamese. ☒	
☒	WT	☒	☒	☒	☒	☒	☒	☒	WT	AT	☒	WT	☒	<b>Southeast Health Center.</b> 2401 KEITH ST (bet. Armstrong and Bancroft). 671-7000. \$0-full bill. Call for appt. M-F 8am-5pm. <b>Drop-in:</b> MTuThF 12:30-2:30pm. MediCal & Social Security applications by appt. Call about: health education & counseling for grandparents who are primary caretakers of grandchildren; diabetics; those in need of visiting nurses; those with family problems; or those in need of geriatric or pediatric counseling. English & Spanish. Some Cantonese, Mandarin, & Tagalog. ☒	
<b>Outreach Clinics</b>															
				W				W						W	<b>A Woman's Place.</b> 1049 HOWARD ST (bet. 6th & 7th Sts). 487-2140. Free. Entrance is around the corner on Russ St. Doctor on duty Tu 10am-1pm & 3-6pm, Th 1:30-4pm. First come first served. Will take care of MTF transgender. Substance abuse program, HIV program, support group & case management available M-F 8am-4pm. ☒
☒	WT								WT	☒				<b>CARECEN (Clínica Martín Baro).</b> 1245 ALABAMA (bet. 24th & 25th Sts). 642-4400. Free. Call M-F 10am-3pm or drop in Sat 8am-2pm to see a nurse practitioner. (Those who call ahead seen first.). Call 642-4416 for gang-related tattoo removal clinic for youth, 642-4407 for diabetes prevention & exercise for youth ages 11-16. Case management. English & Spanish.	
☒														<b>Martin de Porres.</b> 225 POTRERO AVE (bet. 15th & 16th Sts). 552-0240. Free. Th 12:30-2pm, Nurse Practitioner on duty. English & Spanish. ☒	
☒	WT	☒	☒	☒	☒	☒			☒	☒	AT	☒	☒	<b>Mission Neighborhood Resource Ctr.</b> 165 CAPP ST (bet 16th & 17th). 869-7977. Free for homeless San Franciscans. Nurse Practitioner TuThF 9am-12pm, TuTh 2-5pm; Nurse M 10am-12pm; Acupuncture TuTh 2-5pm. HIV rapid test Tu 2-5pm. Call for Homeopathy times. Showers, lockers, laundry, case management available. English & Spanish. ☒	
☒	☒		☒											<b>San Francisco Day Labor Program.</b> 3358 CESAR CHAVEZ (bet. MISSION & S. Van Ness). 252-5375. Free. <b>Drop-in:</b> M 10am-noon HIV testing; Tu 9-11am medical care. First 20 people are seen. Preference given to day laborers. Job referrals M-F 6:30am-1pm, Sa 6:30am-noon. English classes available. English & Spanish. ☒	
<b>Other Clinics (more on p.2)</b>															
AS	AS	W		☒					AS	WS		A	AS	<b>Glide Health Services.</b> 330 ELLIS ST, 6TH FLOOR (bet. Taylor & Jones). 674-6140. \$0-full bill. Must be 18 or over. Call for appt. M-Th 8:30am-5pm, F 8:30am-3pm, or <b>drop-in</b> M-F 8:30am. Confidential HIV oral rapid tests, hepatitis & breast cancer screening, acupuncture, chiropractic, case management, diabetes, hypertension & substance abuse services. ☒	
☒	☒	☒	☒	☒					WT	AT			☒	<b>Haight Ashbury Free Medical Clinic.</b> 558 CLAYTON ST (at Haight). 746-1950. \$0-full bill. Serves only the uninsured and people with MediCal or Medicare. Call MTTh 8:45am-5pm; W 8:45am-8pm; F 12:30-5pm. Case management if homeless &/or HIV+. English & Spanish.	

† Primary Care clinics provide full medical services including screening & referral.  
Urgent Care clinics provide limited medical services including screening & referral.

‡ Clinics that provide only mental health services, health education & substance abuse programs are not included on this chart.

**In case of emergency call 911.**

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Page 2 [Turn page for more clinics]

**Adults; Teens; Seniors; Children; Women; Men; & everyone**

Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Treatment	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender	Immunizations	Women's Health	Family Planning	Mental Health‡	Prenatal Health‡	Primary Care†	
<b>Other Clinics (continued from p.1)</b>																
															E	<b>Haight Ashbury Integrated Care Center.</b> 1735 MISSION (at 13th St). 746-1940. \$0-full bill. Call for an appt. M-F 9am-5pm. English & Spanish. ☎
T	T	T	T						T	T	T	T			T	<b>Huckleberry's Cole Street Clinic.</b> 555 COLE ST (at Haight). 751-8181. Free for homeless youth, others call for info. Ages 12-24; if 12-18 & not homeless, parental consent is required for all primary care services. Call for appt. MTuF 9am-5pm, W 2-5pm, Th 9am-6pm. <b>Drop-in:</b> Th 2-6pm. Case management, therapy, & peer health education available. Call 386-9398 for health education & psychosocial services. Cantonese, English, & Spanish. ☎
T	T	T	T	T	T				T	T	T	T			T	<b>Larkin Street Youth Clinic.</b> 1138 SUTTER (bet. Larkin & Polk). 673-0911. Ext. 259. Free for homeless youth 12-24, others call for info. Call M-F 9:30am-5pm, Tu 11am-5pm. Same-day appt. for some services; not for physicals. <b>Drop-in:</b> M-F 9:30am-1pm & 2-5pm; HIV rapid test MWF 9am-1pm, 2-5pm; Tu 2-5pm. English & Spanish. ☎
WT	WT	WT	WT	WT	WT				WT	WT	WT	WT			WT	<b>Lyon-Martin Health Services.</b> 1748 MARKET ST, SUITE 201 (bet. Gough & Octavia). 565-7667. \$0-full bill. Women & all transgender welcome. Call for appt. M-F 9am-5pm. Support group for HIV+ women: ask for info. English & Spanish. Email: info@lyon-martin.org. ☎
			T	T	T						T	T				<b>New Generation Health Center.</b> 625 POTRERO AVE (bet. 18th & 19th Sts). 502-8336. \$0-full bill. Ages 12-24. <newgen.ucsf.edu>. Call M-F 9am-5pm for an appt. <b>Drop-in:</b> WF 9-11:30am & 1-3:30pm for emergency contraceptives & pregnancy tests. English & Spanish. ☎
		AT	WT	AT	AT	E				WT	AT				AT	<b>Planned Parenthood.</b> 815 EDDY ST, 2ND FLOOR (near Van Ness). (800)967-7526. \$0-full bill. <www.ppgg.org>. Call for appt. M-Th 8am-6pm, F 9am-5pm. Sa 9am-1pm or on-line anytime. Surgical & medication abortion, emergency contraception, cervical cancer screening, HIV rapid testing, HPV vaccination, birth control, vasectomy & physicals. English & Spanish. Other languages available through telephone interpreter. ☎
		E	WT						A	WT	AT				E	<b>San Francisco Free Clinic.</b> 4900 CALIFORNIA ST (at 11th Ave). 750-9894. Free. Serves only the uninsured. Call M-F 1-4:30pm for an appt. in a week. Cantonese, English, Mandarin, & Spanish. Russian & Vietnamese translators available with a week's notice. ☎
AT	AT	AT					AT		T	WT		AT			AT	<b>St. Anthony Free Medical Clinic.</b> 150 GOLDEN GATE AVE (at Jones). 241-8320. Free to uninsured SF residents under 55. <b>Drop-in:</b> line up M-F 7:15am or MTuThF 12:15pm or you won't be seen. Most critical cases seen first. Podiatry clinic Tu 12:30pm, WTh 7:30am. Pediatric clinic M-F 8am-noon & MTuThF 1-4:30pm. Call for orthopedic, allergy & asthma, & nutrition clinics. <b>Drop-in</b> hours may change in Feb; call for more info. ASL, Cantonese, English, French, Hindi, Lao, Mandarin, Russian, Spanish, & Thai. ☎
		E	WT	AT	AT	E			AT	E	WT	E	E		E	<b>St. James Infirmary.</b> 1372 MISSION (bet. 9th & 10th). 554-8494. <www.stjamesinfirmary.org>. Free. For current, former & transitioning sex workers & current partners. <b>Drop-in:</b> WTh 6-9pm; wound & abscess care Tu 3-6pm. Transgendered clinic Th 6-9pm. Tu 1-6pm: HIV, rapid HIV & STD test; needle exchange. Food, clothing, condoms, lube, legal assistance, massage, reiki, acupuncture, counseling, harm reduction & support groups available. English & Spanish. Cantonese, Korean, Mandarin, Thai, & Vietnamese by appointment. ☎
E	E				E	E			E						E	<b>Tenderloin Health.</b> 255 GOLDEN GATE (at Leavenworth). 431-7476. \$0-full bill. Call 9am-4pm for intake. For HIV+ SF residents. HIV/Hep C testing, counseling, & Nursing Case Management available. English & Spanish. ☎
		WT	WT	WT	WT				WT	WT	WT					<b>Women's Community Clinic.</b> 2166 HAYES ST, SUITE 104 (bet. Shrader & Cole). 379-7800. Donation requested, not required. Call for appt. M-Th 11am-9pm, F 11am-3pm. <b>Drop-in:</b> W 9:30am (8 patients seen). Female-identified or female-bodied transgender welcome. English & Spanish. ☎
<b>Testing Sites</b>																
			WT	E	E	E						WT				<b>City Clinic.</b> 356-7TH ST (bet. Folsom & Harrison). 487-5500. \$10 requested, no one turned away for lack of funds. <www.sfcityclinic.org>. <b>Drop-in</b> (come early!): MWF 8am-4pm, T 3-6pm, Th 3-4pm; people with STD symptoms Tu, Th 1-3pm; Family Planning MWF 8am-3pm, Tu 1-3:30pm, Th 1-3pm, or call for Th morn fam planning appt. HIV early care clinic by appt only. Call 514-4737 (24hrs) for Post Exposure Prophylaxis for adults exposed to HIV within 72 hrs or 487-5552 for morning after pill. HIV testing only if clinician assesses high risk. People who are asymptomatic & over 30 will not be tested for gonorrhea or chlamydia. Cantonese, English, Mandarin, Russian, Spanish, & Tagalog. ☎
			WT									WT		WT		<b>First Resort.</b> 450 SUTTER, SUITE 1740 (bet Stockton & Powell). 627-9175. Free. Call for an appointment MWThF 10am-6pm. Ultrasound available. English & Spanish. ☎
			A	A	A											<b>UCSF AIDS Health Project.</b> VARIOUS SITES. 502-8378. Donation requested, not required. Call M-F 10am-4:30pm for appt. for gonorrhea, chlamydia & HIV testing. Confidential, anonymous. HIV & risk assessment counseling available. English & Spanish. Other languages by appt. ☎

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### ODDS & ENDS

**Acupuncture:** 1. American College of Traditional Chinese Medicine, 555 DEHARO, RM G, 282-9603. Free **drop-in** ear clinic, M 1:30-4:15pm, WTh 9-11:45am. ☎  
2. Call Glide Health Services 674-6140.  
3. Quan Yin Healing Arts Center, 861-4964. **Drop-in:** 165 CAPP ST, TuTh 2-5pm. ☎

**Eyeglasses & Exams:** Call San Francisco General Hospital at 206-5166 or Northeast Medical Services at 391-9686. ☎

**Surgery: Operation Access.** 115 SANSOME, SUITE 1205 (at Bush). 733-0052. Free. Call M-F 9am-5pm for information on how to get free minor surgery. English, Cantonese & Spanish.

**MediCal:** Many services are available for refugees or people under 21 or over 65, blind, disabled or pregnant. Call 863-9892.

**Needle Exchange.** Call HIV Prevention Project 241-5100 for times & places. Needle exchange, condoms, abscess care, HIV/STD testing, Hep A & B vaccinations, & basic medical services. English & Spanish.

**Health and Healing Center.** 2040 WEBSTER ST (at Sacramento). 600-3681. A free self-help medical information service open M-F 10am-6pm. ☎

**San Francisco Rape Treatment Center.** 2727 MARIPOSA, STE 100 (bet. Florida & Bryant). 437-3000. Free. Social workers M-F 8am-5pm (crisis intervention, evidence collection & medical care 24 hrs via SF General Hospital Emergency). This is for all 18+ victims including LGBTQQ. Medical & psychological counseling. English, Mandarin, Portuguese, & Spanish. ☎